

The 60 hours Course in Cairo

Designed for becoming in a short time a Professional Oriental Egyptian Dancer with a clear idea of all the basics of this dance: history, philosophy, make-up, moves, styles, tricks, dressing, traveling plus some specializations like Folkloric Egyptian Dance and Dance of the Belly.

Who can do it? any woman who wants to know all about Egyptian Dances or wants to become a professional dancer. If you are already a professional dancer, this course would enrich your knowledge and also will prepare you for becoming an amazing teacher. Students must inform the teacher of any illness, accident, surgery, bone or muscle problems in the application form, so the teacher considers this and teaches with another perspective.

Class Uniform. Sportive shorts, scarf for the hips and a top to start. Once you start the course, the teacher will guide you to get the best for each item, where to buy them, costume designers, qualities, etc...

Be save in Cairo. We are not responsible for the safety of any student. You will receive a booklet from the teacher, on the Welcoming Meeting, with some rules for



Site Visits In Cairo there are many activities to see, once in a while, you can arrange with the teacher's free time, some site visits, to see dance shows, music concerts, go shopping dancing costumes, visit the different pyramids near Cairo, the Coptic Church, and some other extra activities out of the course time-table. You would also have a Graduation party.

how to move around Cairo without the least of problems. All women under the age of 18, must give to the teacher a letter from the parents (with the scanned identification card of who is signing) that should say that we, the teachers and the school, are not responsible of their daughter, and who is responsible, is them, the parents.

Private and Groups. We prefer to teach privately (one student alone with the teacher) due to the intensity of this course. We can do the Course to an already organised group of students, but we can't guarantie the high result for all students because each student has different learning abilities.



How long it takes to complete the course? This course is designed to be completed in 60 intensive hours. Written and practical exams are included in the time of the course.

Depending of the initial dance level, a student will need more or less days to complete it. If starting from level Zero then needs 30 days, if starting from intermediate to professional then 12 to 20 days. Who are already professional dancers, this course will give them the clues to become a great teacher.

Studying with our teachers. If you study in Egypt, Amora Shams al-Nur is the main teacher

for Oriental Belly Dance and when the student is ready to start learning to dance with live musicians, then she will bring to some classes live musicians. Other known dancers and teachers from Egypt of other specializations like Tanoura Sufi Dance and Folkloric Egyptian Dance will be collaborating under Amora's direction. In Spain and USA, Alia Shams is the main teacher.

BellyDance Reputation

Unfortunate nowadays in Egypt, this wonderful sacred dance is seen as a non respected sexual superstar profession.

Most people when they come to Egypt, especially dancers, when they come from abroad, have a vision in their mind that belly dancers are respected in Egypt.

In actual fact, most of Egyptians love belly dancing because it is in their culture but at the same time they dont like to see half naked women making provocative movements. Therefore the women who say that they are studying, or are bellydancers, are not well seen by egyptians, and this is also the reason why Folkloric Egyptian Dance is respected, due to the dancing costume which covers most of the dancer.

Our aim is to change the image of Belly Dancing through our teaching and creating high quality future dancers.

Contact Us

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Become a Professional Oriental Belly Dancer in 30 days

The 60 hours Course

Become a Professional Oriental Belly Dancer in 30 intensive days

A total of 6 Level Certificates plus a Certificate recognition of Professionality

Initiation Level

Pharaoh Ancient Dance
The Magical Secrets of Belly Dance

Beginner Level

Raq Sharqi Moves, Baladi & Taxims

Intermediate Level

Veils, Sagats Cymbals and Saidi Cane

Advanced Level

Saudi Beduin, Tanoura Sufi & Solo Tabla

Professional Level

Isis Wings, Sword and Shamadan

Specialization Level

Regional Folkloric Egyptian Dances & Dance of the Belly with Amora or Andalus Dance with Alia Shams



The Value of the 60 hours Course



Learn The Egyptian Arts in Cairo
Intensive Courses & Classes taught in Spanish, English and Arabic

ORIENTAL BELLY DANCE
Folkloric Dances: Melaya Alexandrian, Gaidi, Nubi, Beduin, Bahari, PortSaid & Tanoura Danesh

Oriental Dance: Baladi, Taqima
Percussion solos, Vella, Iria, Sward, Carve, Cymbals, Andalus Dance & Shamadan

ALSO ...
Classes to learn to play Musical Traditional Instruments from Egypt: Darbuka, Flute, Oud & Kinnon.

TEACHERS
Classes taught by experts

Contact Amora
email: amoradance@hotmail.com
web: www.amoradance.com

The value of this course, is generally more expensive than what we are charging. We do this because we are starting a movement to clean the image of Belly Dance, due to the film industries that have created a wrong image of this dance, and in Egypt is also seen as a super star erotic dance. We, especially Amora and Alia Shams, see this dance as a sacred dance with lots of knowledge in the background that all dancers should know, but most don't see or don't want to feel.

About Us, Amora Shams al-Nur, studied Ballet in the Professional Conservatory of Dance in Spain but grew up between Alia Shams and other bellydancers in Spain. She has been teaching belly dance since 1993 in Gyms and Dance Schools mainly in London, Spain and now in Egypt.

Alia Shams, pioneer belly dancer and Al-Andalus dancer in Spain. After studying the philosophy, music and dance history at the University of Sevilla, capital of Andalus, she wrote 3 dance and drama plays based on this period, two were presented and both 1st prize winners. She is a specialist in the Ancient Dances of the Mediterranean. She has a diploma in drama. And she has been dancing since childhood starting from Zingar, Ballet, Flamenco and Belly Dance since 1983.

Homework Students will receive almost every day work to do at home; you will have to draw with colors, explain in words or using

signs like arrows, practice some dance techniques at home, etc. All these home activities should take the student about 2 to 3 hours per day. Every day, students should bring to the class in paper the homework and give it to the teacher that will correct it.

Exams The students must pass written and practical exam levels to grow in knowledge of their bodies and into their minds. Exams are not difficult, if you have been concentrating while the teacher was explaining, the written exams will be kept by the teacher as proof that the student has completed the course. The student will receive certificates stating she has passed the exams. As a student, you have the right to see your exam, but not to get a copy of it. The written exams are mostly designed for people of all languages: the drawing language; you just need to know Basic English to complete the exams.

For those students who would like to become from this course a professional dancer,

the last practical exam will be the Show Test.

The Choreographies will be small pieces of dance related to each level you will learn. All these pieces of dance will be added together and form a final performance.

The Show Test will be a performance of all the small choreographies you have learned plus one improvisation dance in front of dance experts who will judge your talent, the knowledge you learned, then they will all sign together a certificate that qualifies you to dance in front of the public.

Certificates, At this stage, at the end of 2009, the Egyptian Government has not allowed Oriental Belly Dance Schools because of its reputation (read the front cover), but other dance schools are allowed, such as Folkloric Egyptian Dance. This is why, the Egyptian Ministry of Education or Culture does not give certificates, and this is why Amora and Alia Shams Certificates are un-

der a personal point of view as professional belly dancers since 1983.

Each student who study the 60 hours course with one of us, Alia Shams or Amora Shams al-Nur, will receive 6 level Certificates, and if the student wants the Show Test, then also a certificate signed by experts in dance who will be your judges and will confirm your dance degree.

Pre-Booking, a single student or a group must pre-book with the 50% of the fee. When you pre-book, we also pre-book, we must pay a dance space for 60 hours in advance to teach you and to make sure none one else takes the space, you are also booking the teachers time, so your payments are non-refundable.

Sent the 50% by bank transference to: Name: AMORA DANCE
Account number: 035010891013
Address: 18, Emad el Dine street Cairo, Egypt.
Bank: HSBC PREMIER. Branch address: 10 (A), Hussein Wassef Street, Messaha Square, Dokki, Giza, Egypt. Swift Code: EBBKEGXX
Write your Name and Surname on the transference and "60h BDC"
Inform us by e-mail you made the transference & you will receive a written confirmation once arrives.

Completing Booking
The remaining 50% is paid by cash to teacher on 1st meeting. We do not accept cheques.

Fees: These fees will start from 1st of January 2011. Those students who makes the pre-bookings for studying in 2011, before this date, old fee will apply.

We do not Organise Groups. A group of friends, Travel Agencies, or Dance Schools, are responsible for organising their own groups to study with us.

Private Course for 1 student = 2.500€
Group fee (3 to 20 students) = 6.000€
Amora comes to teach to your country either group or private = 7.000€

The fee of this course is discounted from 4.200 € (70€ per hour per student), this is why it can not be reduced, unless it is a group. Only ARVIDA teachers or active members get a 50% discounted fee.



We are known for quality teachers and dancers. Check the website to read comments from our students